



WHO ARE YOU CALLING SOFT?



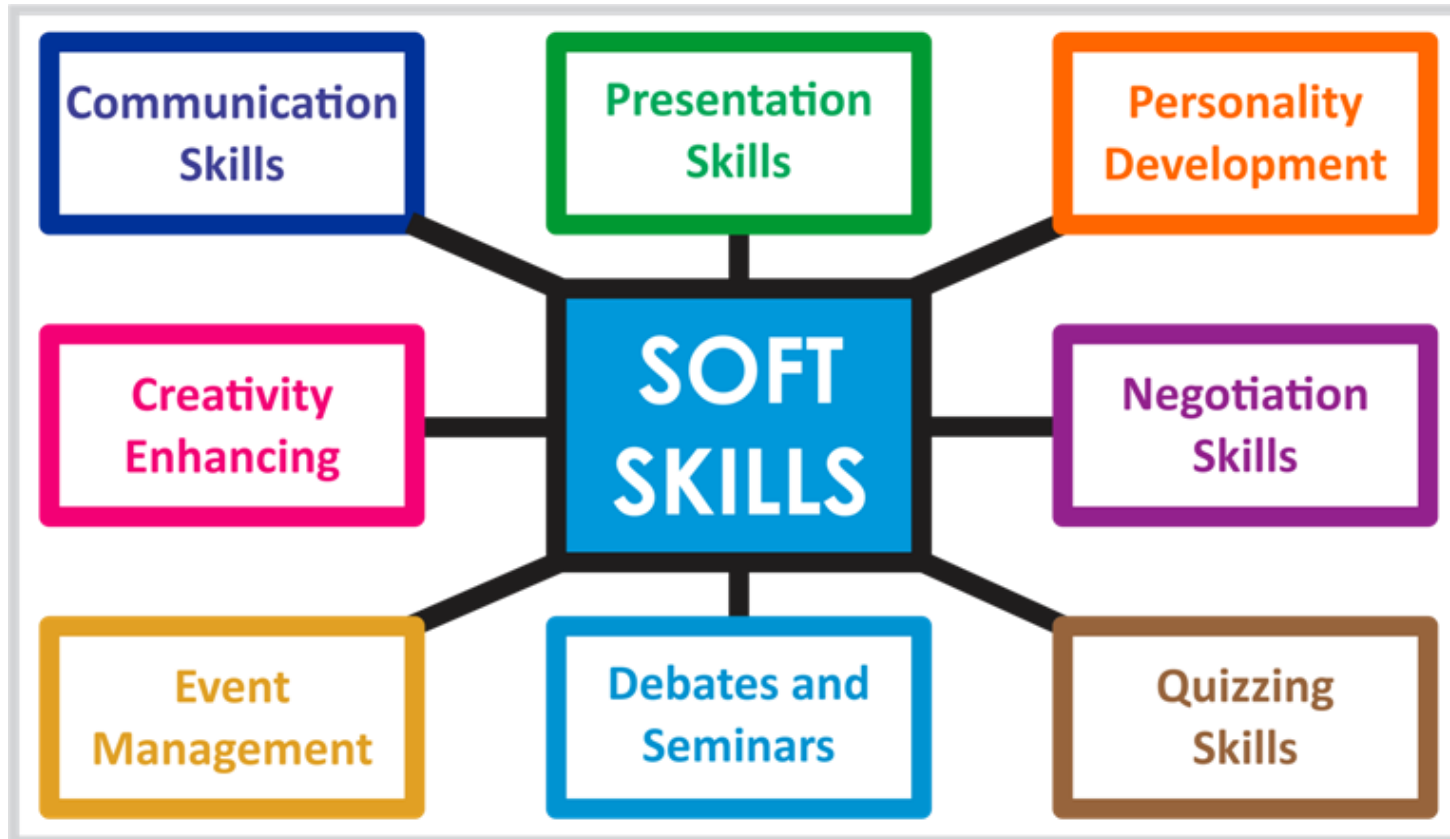
UNDERSTAND THE WORD – SOFT



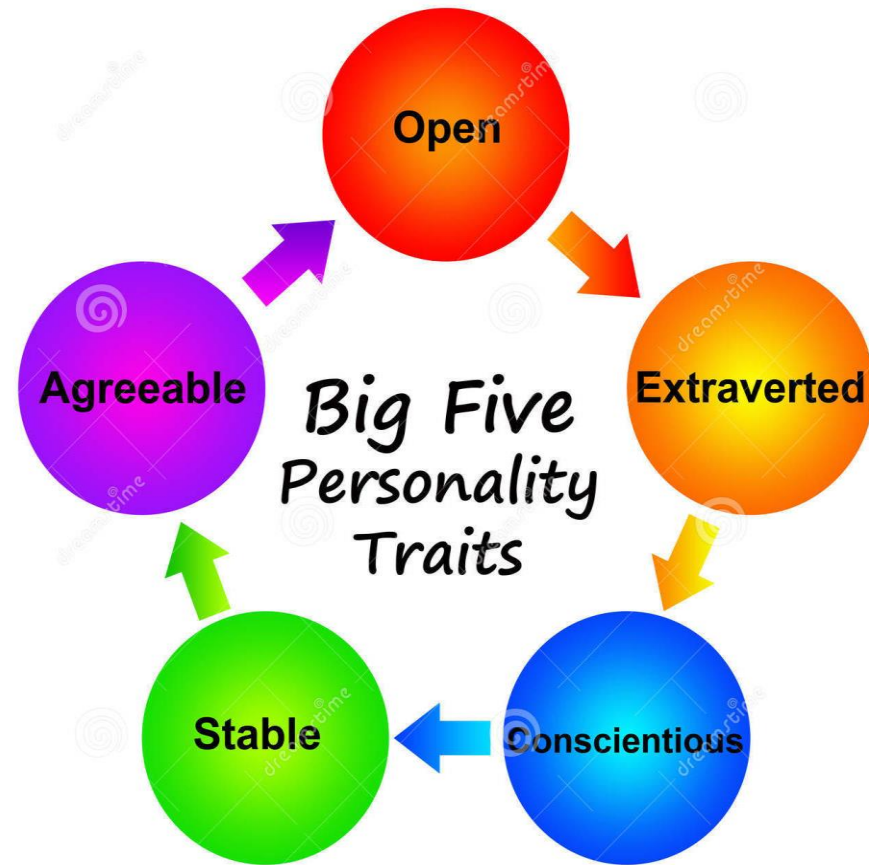
UNDERSTAND THE WORD- SKILL?



WHAT CONSTITUTES SOFT SKILLS?



HOW TO IMPLEMENT SOFT SKILLS



WHAT SHOULD SOFT SKILLS ACHIEVE?



CHANGE IN BEHAVIOUR?



BEHAVIOUR



I'M GOING TO GET YOU!



I'M NOT LISTENING



COME SAY THAT HERE!



I TOLD YOU TO STOP IT!



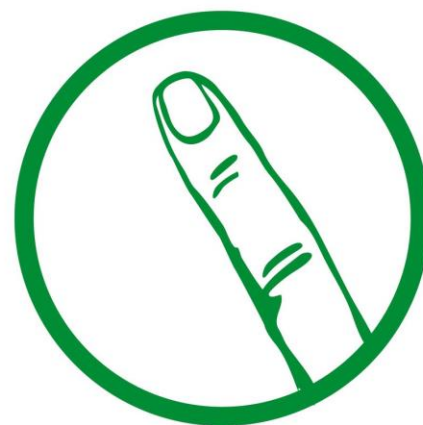
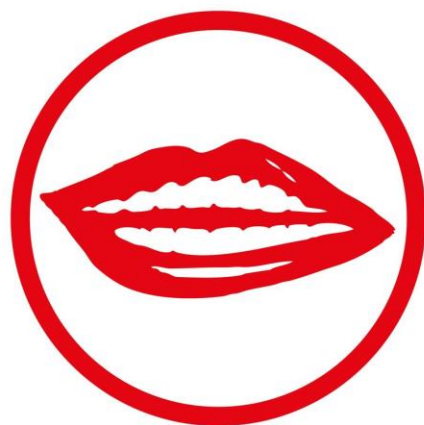
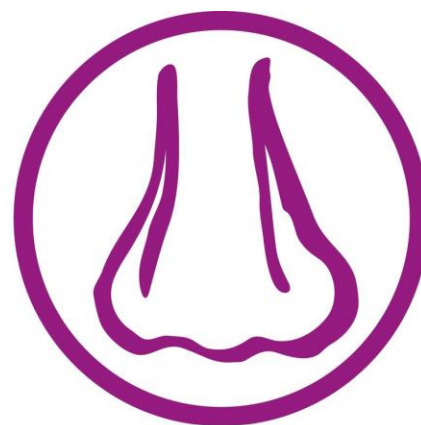
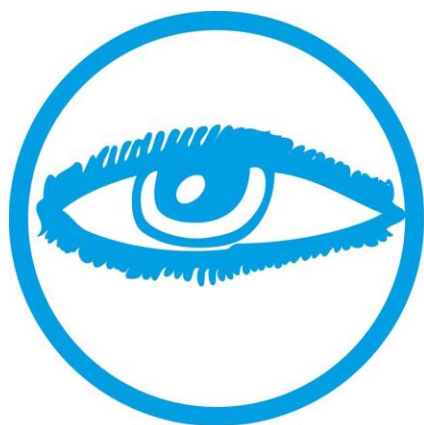
I FEEL SO ALONE



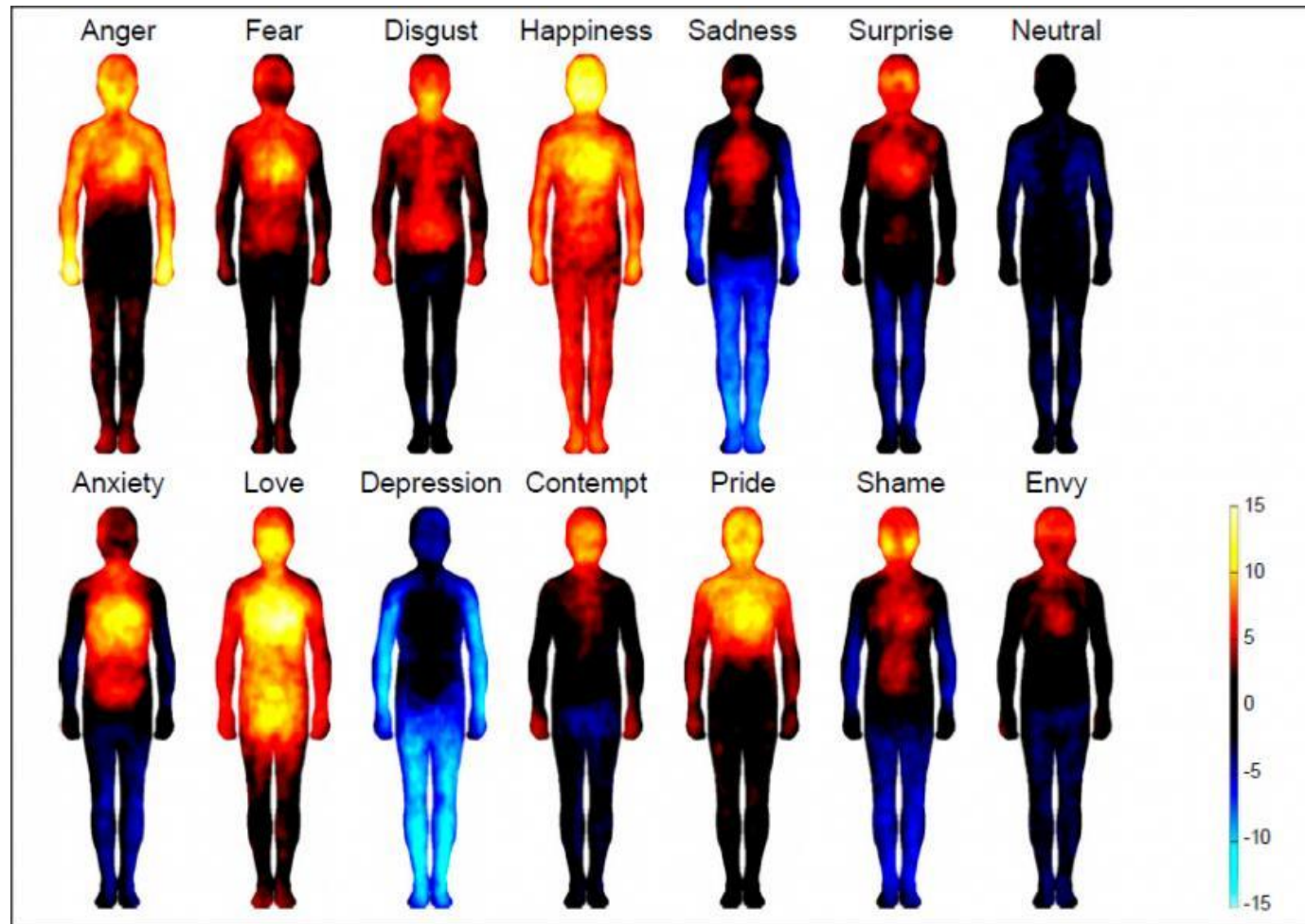
BEHAVIOUR CHANGE



WHAT IS INVOLVED IN CHANGE



PHYSICAL BODY IN EMOTION



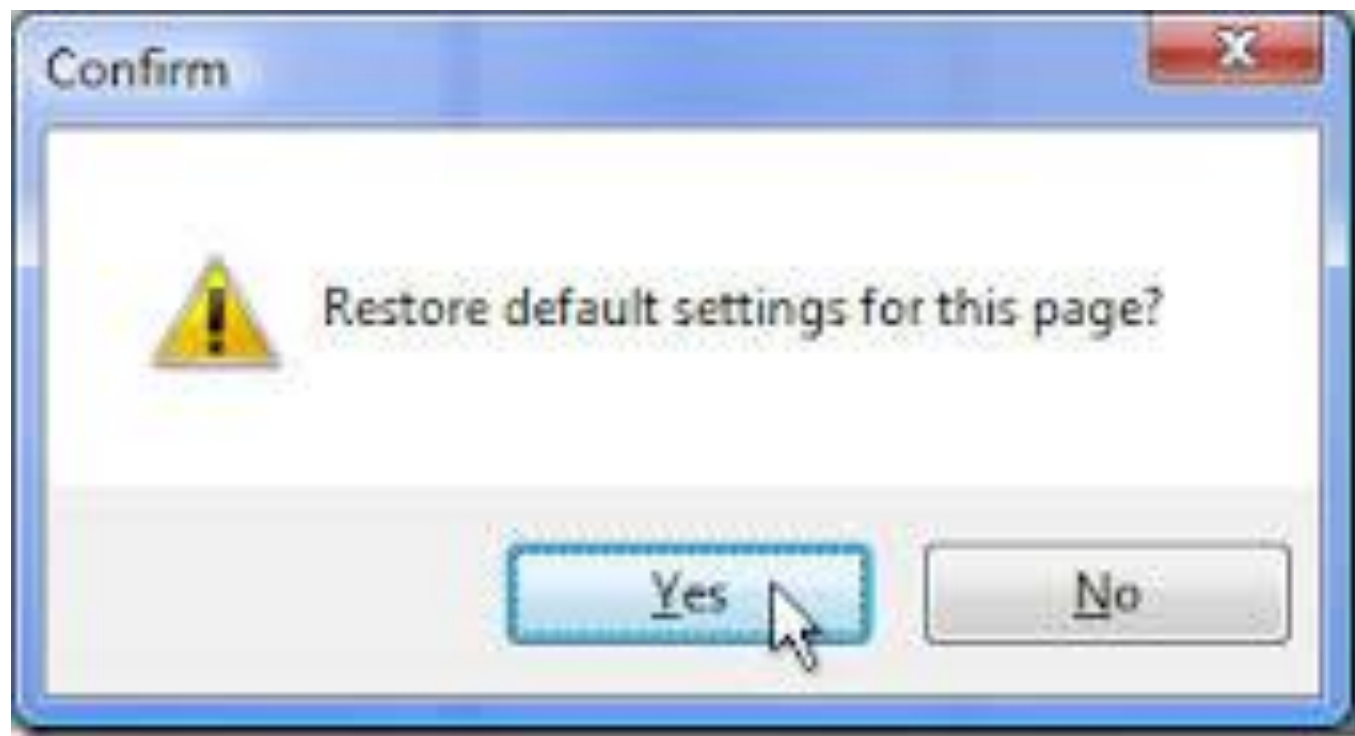
WHAT CAUSES CONFLICT?



WHEN CONFLICT ARISES.....

1. Rational thought often goes out the window
2. We speak without thinking
3. We cannot express what we are feeling
4. We have regrets
5. Our TRUE feelings are misread, misinterpreted, badly expressed

DEFAULT SETTING?



INSTINCT



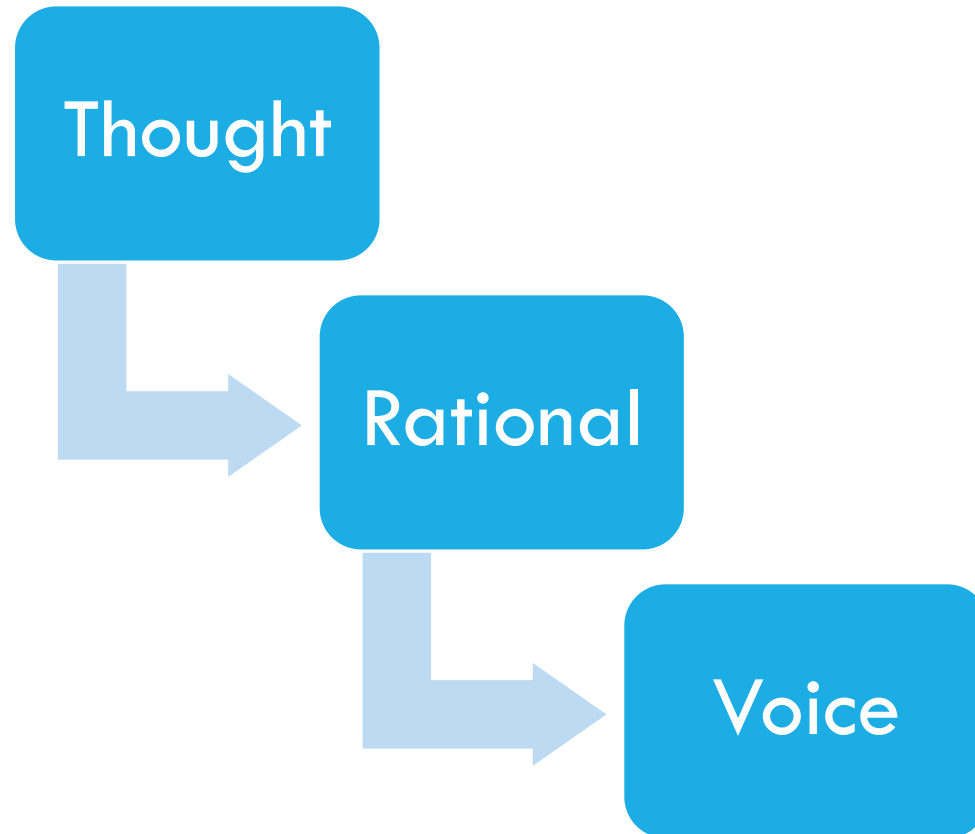
BACK TO BASICS

Instinct

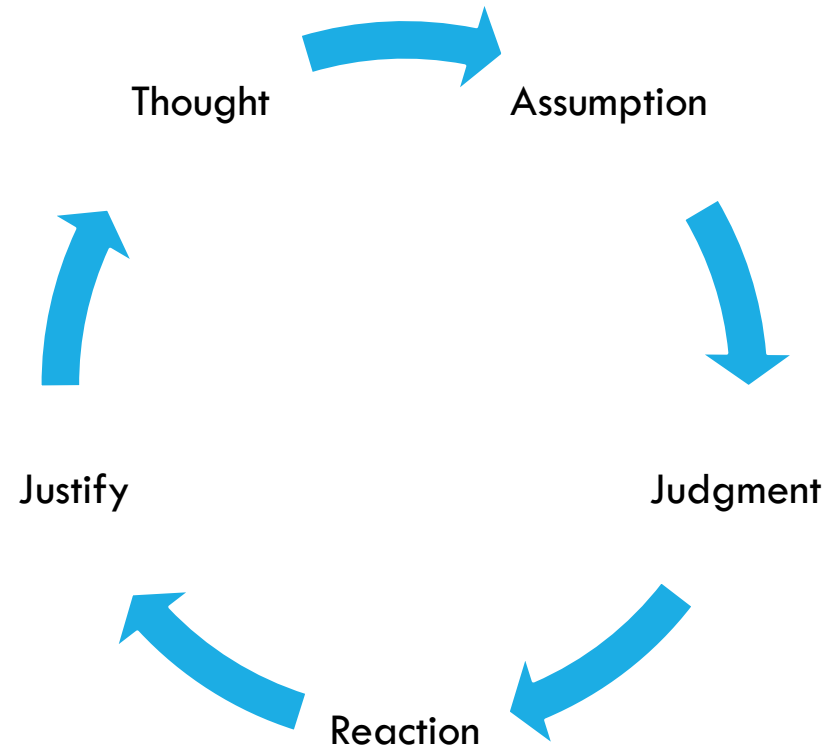
Feeling

Emotion

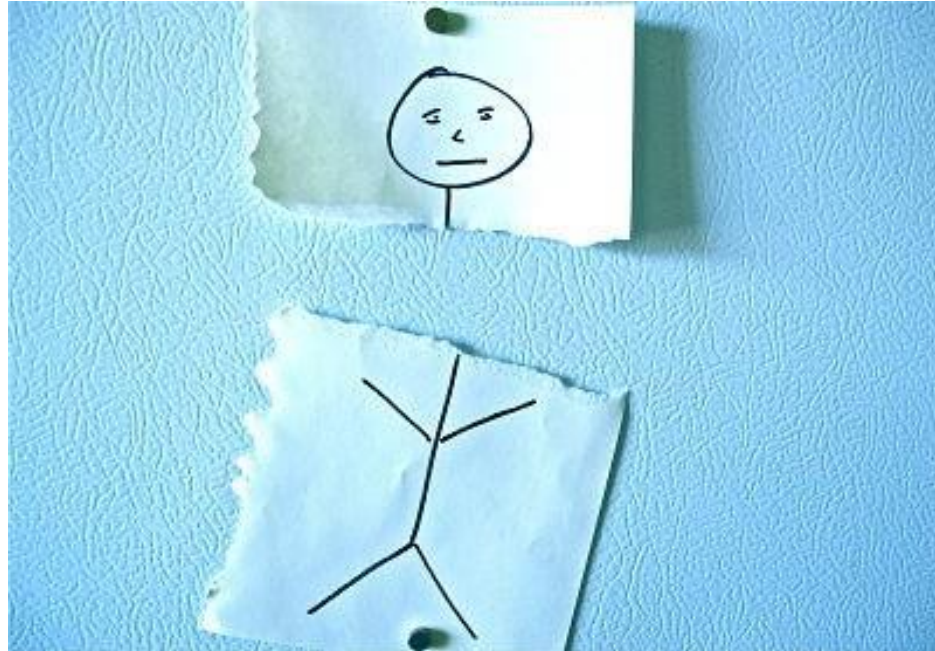
INTEGRATE



THE VICIOUS CYCLE



BODY AND MIND DISCONNECTED?



NO CHANGE!

